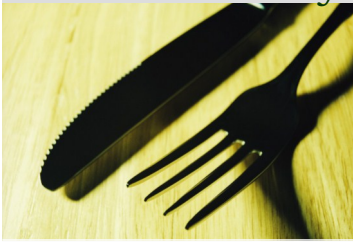


Culinary Crossroads



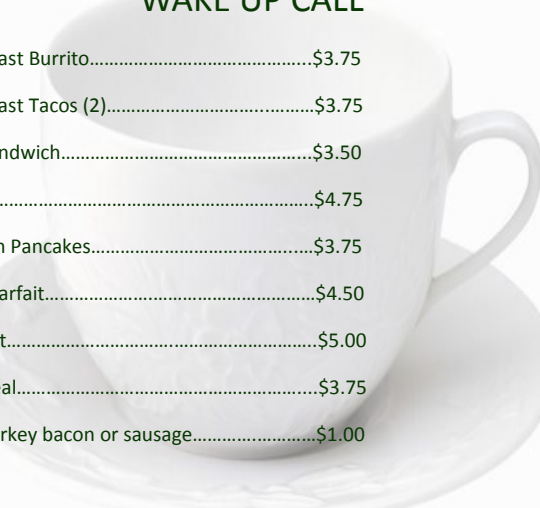
Culinary Crossroads
 2301 S Broadway Ave
 Tyler, TX 75701
 Fax: (903) 533-7996

ITEMS MADE FRESH DAILY AND SUBJECT TO AVAILABILITY

Order online at: www.culinarycrossroad.com or call us at
 (903) 533-7974

WAKE UP CALL

Breakfast Burrito.....	\$3.75
Breakfast Tacos (2).....	\$3.75
Egg Sandwich.....	\$3.50
Migas.....	\$4.75
Protein Pancakes.....	\$3.75
Fruit Parfait.....	\$4.50
Omelet.....	\$5.00
Oatmeal.....	\$3.75
Add turkey bacon or sausage.....	\$1.00



MEALS

Meals come with a veggie and starch

Grilled Chicken.....	\$8.00
Roasted Turkey Breast.....	\$8.00
Cajun Pork Tenderloin.....	\$8.00
Parmesan Turkey Meatloaf.....	\$8.00
Chicken Stir Fry (choose 1 side only).....	\$8.00
Cajun Pot Roast.....	\$8.75

OFF THE HOOK

Blackened Salmon	\$9.50
Baked Whitefish.....	\$8.00
Shrimp.....	\$10.00

Blackened, Lemon Pepper or shrimp Scampi are made to order.

Veggies

Broccoli—Green Beans—Spinach—Mushrooms—Veggie Medley—Side Salad

Asparagus.....\$1.00

Starches

Smashed Potatoes—Oven Roasted Potatoes—Brown Rice—Refried Beans

Sweet Potatoes.....\$1.00

Pasta with Sauce.....\$1.00

WRAP IT UP

Wraps and Paninis are served with a side of slaw.

Chicken Lettuce Wrap.....	\$7.75
Grilled Chicken Wrap.....	\$7.75
Grilled Philly Wrap.....	\$7.75
Buffalo Wrap.....	\$9.00
Meatball Wrap.....	\$9.00
Veggie Wrap.....	\$7.95
Panini.....	\$7.75

Sliced turkey or ham with provolone cheese ,tomato, bell pepper, onion and spinach on flat bread.

Pesto Panini.....\$7.95

Grilled chicken breast, provolone cheese sliced tomato and basil pesto on flat bread

Lunch Pack.....\$5.50

Turkey or ham sandwich on whole wheat bread, cheese stick, grapes, chips or cookies

Burgers.....\$9.00

Angus , Buffalo , Turkey on Jalapeno Cheese, Whole wheat or a sandwich thin.

SOUTH OF THE BORDER

Chicken Fajitas.....	\$7.75
Chicken Enchiladas.....	\$7.75
Buffalo Enchiladas.....	\$9.00

LIGHTER SIDE

Complete with your choice of dressing

Southwest Chicken Salad.....	\$7.75
Cobb Salad.....	\$7.75
Orient Express Salad.....	\$7.75

ON THE SWEETER SIDE

MINI AND REGULAR PIES MUST BE PRE-ORDERED

Protein Muffins.....	\$1.00
Banana Nut—Blueberry—Cranberry Orange—Cinnamon—Chocolate Chocolate Chip	
Cookies (2 pack).....	\$1.00
Chocolate Chip—Oatmeal Raisin—White Chocolate Cranberry—Triple Threat	
Granola Bar.....	\$2.00
Apple Cinnamon—Blueberry Cranberry	
Pies (Apple—Cherry—Peach.....	mini \$4.25
.....	regular \$13.00